



COVID-19 Risk Assessment Tool



The COVID-19 Risk Assessment Tool can be used by anyone to guide decisions for:

- ▷ **Returning to or Visiting the Island**
- ▷ **Returning to Work After Travel**
- ▷ **Planning a Visit with Family**

The tool provides an easy way to digest expert information and choose the best plan of action. We all have the responsibility—and opportunity—to make smart choices. The assessment is only as good as the information you enter, so base it on honesty and trust. And keep in mind that there is really no activity that has zero risk. Stay well!

Method of Travel	YOUR SCORE
Air = 2 Car = 1	_____
Location(s) Visited* Hot = 3 (7-day average of 15% or higher positivity rate) Medium = 2 (7-day average of 11-14% positivity rate) Not = 1 (7-day average of 10% or lower positivity rate)	_____
Potential Exposure(s) High Risk = 3 (Close contact within 6 feet for 15 minutes or more or repeated contact, either you or your contact not wearing face coverings) Low Risk = 1 (Face coverings worn by both you and your contact, hands washed, limited exposure time, distancing practiced)	_____
Total	_____
<p>* Rolling 7-day average percent positivity information can be found on each state’s Department of Health website, by county and sometimes even by zip code.</p> <p>“Hot” spot = 15 percent or higher positivity rate; “Medium” spot = 11-14 percent positivity rate; “Not” hot spot = 10 percent and under positivity rate</p>	

Interpreting Your Score

- 0-4 points = Follow low-risk exposure protocol
- 5 or more points = Follow high-risk exposure protocol

LOW RISK PROTOCOL

- ▷ No restriction from on-site work, continue recommended precautions; mask, distance, handwashing
- ▷ Self-monitoring for symptoms for 14 days

HIGH RISK PROTOCOL

- ▷ Contact your doctor for guidance about how to best manage your exposure
- ▷ Restrict from work/work from home/restrict from travel and visiting
- ▷ Active monitoring for symptoms by supervisor for 14 days

Self-monitoring and active monitoring log sheets are available at BGHC.org.

Scoring Examples: COVID-19 Risk Assessment Tool

● EXAMPLE 1:

Mike went on a 14-day camping trip with his family in Birchwood, Wisconsin. They drove a rented RV. He was not in close contact with anyone outside of his household. Wisconsin had a statewide mask mandate, so everyone was required to wear a mask. The rolling 7-day average positivity rate for Washburn County Wisconsin during his visit was 0.4 percent. Mike's total score is $1 + 1 + 1 = 3$. He gets a green light to return to work or normal activities (practicing social distancing, regular hand washing and wearing a face covering when in public). Mike will self-monitor for any symptoms for 14 days and immediately report development of any symptoms.

● EXAMPLE 2:

Lisa went to Key West, Florida, to celebrate her 65th birthday with her family. They took the Key West Express. Monroe County had a mask mandate and everyone on the boat and on land in the Keys is required to wear a mask. She remarks that police were even out on the streets enforcing the mandate when she was there, though this is no longer enforceable. She always wore her mask and was not in close contact with anyone without a mask. The rolling 7-day average positivity in Monroe County in Florida during her visit was 12%. Lisa's total score is $1 + 2 + 1 = 4$. She earns a green light, can return to work and other activities using all recommended precautions. She will self-monitor for any symptoms for 14 days and immediately report development of any symptoms.

● EXAMPLE 3:

Jessa went to Las Vegas for a bachelorette party. When she arrived at the airport in Las Vegas, she met up with the bride-to-be and nine more of her friends who also flew to Las Vegas from California, Arizona, Illinois and New Mexico. They had not seen each other in "ages" and ate out at restaurants, drank and basically "threw caution to the wind." They wore masks sometimes, but not always and to save money, they all shared two hotel rooms. The rolling 7-day average positivity in Las Vegas, Nevada, at the time of her visit was 16%. Jessa's total score is $2 + 3 + 3 = 8$, a red light. Jessa will be restricted from returning to onsite work and instead work from home for 14 days while actively monitoring. She will self-quarantine, refraining from contact with others for those 14 days. Jessa will immediately report development of any symptoms and will seek guidance from her physician.